



# CAMO INVITATION 2011

**December 1<sup>st</sup> - 4<sup>th</sup>, 2011**  
Centre Sportif Claude Robillard  
**Montreal, Canada**

On behalf of the CAMO Diving Club, we are proud to invite you to attend the thirteenth edition of the International Camo Invitational Championship. This event will be held at the Claude-Robillard Centre in Montreal, Canada on December 1<sup>st</sup> through to the 4<sup>th</sup>, 2011.

At the International Camo Invitational, you will have the opportunity to witness some of the best senior and junior divers from Canada and the world.

Our championship is a great event to begin your competitive season. Both junior and senior events are of high calibre and offer excellent competition. You will be joined by athletes from around



Alexandre Despatie

Filion, Meaghan Benfeito and Jennifer Abel. Our divers represent Canada in most major international senior and junior competitions.

the world. In the past we have hosted athletes from Australia, Bermuda, China, Columbia, Cuba, Dominican Republic, Germany, Great Britain, Italy, Mexico, France, Netherlands, Russia, United States and Canada. This championship is attended by Olympians, World Champions, Junior World Champions and our own Canadian Senior and Junior National Team.

The CAMO Diving Club is one of the most successful clubs in Canada. It has produced Olympic divers such as Evelyne Boivert, Bruno Fournier, Annie Pelletier, Alexandre Despatie, Emily Heymans, Christopher Kalec and Philippe Comptois, Marie-Eve Marleau, Roseline

***We would be honoured by your presence. Come and join us December 2011.***

Aaron Dziver  
Head Coach

Jean-Charles Leathead  
President of the club

Andrée Pouliot-Deschamps  
Technical Director

Klara Kalec  
Meet Director

**INTERNATIONAL CAMO INVITATIONAL  
DECEMBER 1<sup>st</sup>-4<sup>th</sup>, 2011**



Country: \_\_\_\_\_ Club name: \_\_\_\_\_

Head Coach name: \_\_\_\_\_

Tel.: \_\_\_\_\_ E-mail : \_\_\_\_\_

Fax : \_\_\_\_\_ Yes, we will attend this competition \_\_\_\_\_

No, we will not attend this competition \_\_\_\_\_

**PLEASE RETURN YOUR RESPONSE NO LATER THAN THE 10<sup>TH</sup> OF NOVEMBER. THANK YOU.**

Club de plongeon CAMO, 1000, ave Emile-Journault, Montreal, (Quebec, Canada) H2M 2E7 Tel. : (514) 872-1838 Fax : (514) 872-1837



# INTERNATIONAL CAMO INVITATIONAL

## DECEMBER 1<sup>st</sup>-4<sup>th</sup>, 2011



### MEET SITE:

Claude-Robillard Sport Centre  
1000, av. Emile-Journault  
Montreal, Quebec, H2M 2E7  
Tel: (514) 872-1838  
Fax: (514) 872-1837

### FACILITIES:

- 5 1 meter springboards
- 5 3 meter springboards
- 1 3 meter platform
- 1 5 meter platform
- 1 7.5 meter platform
- 1 10 meter platform

### TECHNICAL DIRECTOR:

Andrée Pouliot-Deschamps  
(andreepouliotd@gmail.com)

### REGISTRATIONS:

#### Mail entries to:

Club de plongeon CAMO  
c/o Andrée Pouliot-Deschamps  
1000 Emile-Journault  
Montreal, QC  
H2M 2E7 Canada

or fax them at: (514) 872-1837  
or e-mail us at: camoplungeon@qc.aira.com  
or web site: www.camoinvitation.ca

### ENTRY FEES:

- \$50.00 CND or US **per athlete**  
(non-refundable) payable November 10<sup>th</sup>
  - \$50.00 CND or US **per event**  
(non-refundable) payable November 10<sup>th</sup>
- \$50.00 entry fee includes registration & meals during competition (non-refundable)

### RULES:

F.I.N.A. rules. See senior and age group dive lists requirements for more information.

### AWARDS:

Medals for top three finishers on each event.

**ENTRIES MUST BE POSTMARKED BY NOVEMBER 10<sup>TH</sup>, 2011**



Jennifer Abel Photo by Clay Neddo



Roseline Filion et Meaghan Benfeito

# INTERNATIONAL CAMO INVITATIONAL

## DECEMBER 1<sup>st</sup>-4<sup>th</sup>, 2011



### TECHNICAL MEETING:

**Wednesday November 30th, 2011 at 7:00 P.M.** (Days Inn Downtown):  
Followed by supper at 7:30 P.M.

### HOTEL:

#### **Days Inn Montreal Downtown**

215 René-Lévesque East

Tel: 1-800-668-3872 (toll free)

Fax: 514-395-9999

Local Number: 514-393-3388

Email:reservation@daysinnmontreal.com

Please mention the name of the competition for a preferred rate



### TRANSPORTATION:

- Jean Légaré 1-888-534-6466 / (514) 522-6466
- Enterprise Car Rental : 1-800-264-6350 / 514-631-4545
- Budget Rent-A-Car: 514-636-0052
- Thrifty Car Rental : 514-631-5567
- National Car Rental: 514-639-9030
- Hertz Rent-A-Car: 514-636-9530

### DIVE SHEETS:

Must be submitted electronically by **November 30<sup>th</sup>, 2011** by Rezman's Dive sheet generator.  
Please check our website for the Dive Sheet at: [www.camoinvitation.ca/English/listes/listes](http://www.camoinvitation.ca/English/listes/listes)

## DIVING EVENT PROCEDURES

<b>Group C (13 &amp; under)</b>			
Girls 1M & 3M (9.0 & 9.5)	5 compulsories	+	2 optionals (no cuts)
Girls Tower (5m or 7,5m) (7.6)	4 compulsories	+	2 optionals (no cuts)
Boys 1M & 3M (9.0 & 9.5)	5 compulsories	+	3 optionals (no cuts)
Boys Tower (5m or 7,5m) (7.6)	4 compulsories	+	3 optionals (no cuts)

<b>Group B (14-15 years)</b>			
Girls 1M & 3M (9.0 & 9.5)	5 compulsories + 3 optionals	Cuts ⇔	3 optionals
Girls Tower* (5m, 7,5m or 10m) (7.6)	4 compulsories + 3 optionals	Cuts ⇔	3 optionals
Boys 1M & 3M (9.0 & 9.5)	5 compulsories + 4 optionals	Cuts ⇔	4 optionals
Boys Tower* (5m, 7,5m or 10m) (7.6)	4 compulsories + 4 optionals	Cuts ⇔	4 optionals

\* 5 groups must be performed

<b>Group A (16-18 years) †</b>			
3m (9.5)	5 compulsories + 4 optionals	Cuts ⇔	4 optionals
Girls Tower* (5m, 7.5, 10m) (7.6)	4 compulsories + 4 optionals	Cuts ⇔	4 optionals
3m (9.5)	5 compulsories + 5 optionals	Cuts ⇔	5 optionals
Boys Tower** (5m, 7.5, 10m) (7.6)	4 compulsories + 5 optionals	Cuts ⇔	5 optionals

\* 5 groups must be performed; \*\* 6 groups must be performed

<b>Senior</b>			
Women 3m	5 optionals	Cuts ⇔	5 optionals
Women Tower (5m, 7.5, 10m)	5 optionals	Cuts ⇔	5 optionals
*Women synchro (3m & 10m)	2 compulsories + 3 optionals		
Men 3m	6 optionals	Cuts ⇔	6 optionals
Men Tower (5m, 7.5, 10m)	6 optionals	Cuts ⇔	6 optionals
*Men Synchro (3m & 10m)	2 compulsories + 4 optionals		

\* 5 groups must be covered

### Rules for Canadian athletes:

Only the top 12 finalists in each event at the Junior National Championships are qualified for this meet. Those divers qualified are allowed to dive in all three junior events. Only the top 12 finalists in each event at the 2011 Winter/Summer Canadian Senior National Championships are qualified for the senior events. Those divers qualified are allowed to dive in all three senior events.

# 2011 International CAMO Invitational Schedule



**Monday, November 28<sup>th</sup> to Wednesday November 30<sup>th</sup>, 2011**

Open Practice: 9:30am - 12:00pm, 1:00pm - 3:00pm, 4:00pm - 6:00pm

**Thursday, December 1<sup>st</sup> to Sunday, December 4<sup>th</sup>, 2011**

Open Practice: 7:30am - 8:30am

Practice time reserved for the first event of the day: 8:30am - 9:00am

Starting time: 9:00am

## Thursday December 1<sup>st</sup>, 2011

Boys C Platform Final & Girls C 3m Final (Trampoline side)  
Women's 3m Preliminaries (Platform side)  
Boys A Platform Preliminaries & Girls B 1m Preliminaries (Stands side)  
Reserved practice for finales  
Girls B 1M Final  
Boys A Platform Final  
Women's 3m Final  
Men's Platform Synchro Final

## Friday December 2<sup>nd</sup>, 2011

Girls C Platform Final & Boys C 3m Final (Trampoline side)  
Men's 3m Preliminaries (Platform side) & Boys B 1m Preliminaries (Stands side)  
Reserved practice for finales  
Boys B 1m Final  
Girls A Platform Final  
Men's 3m Final  
Women's Platform Synchro Final

## Saturday December 3<sup>rd</sup>, 2011

Boys B Platform Preliminaries & Boys C 1m Final (Stands side)  
Women's Platform Preliminaries & Girls B 3m Preliminaries (Trampoline side)  
Boys A 3M Preliminaries (Platform side) & Reserved practice for finales  
Girls B 3M Final  
Boys B Platform Preliminaries  
Boys A 3m Final  
Women's Platform Final  
Men's 3M Synchro Final

## Sunday December 4<sup>th</sup>, 2011

Girls B Platform Preliminaries & Girls C 1m (Stands side)  
Boys B 3m Preliminaries (Trampoline side) & Girls A 3M Preliminaries (Platform side)  
Men's Platform Preliminaries  
Reserved practice for finales  
Girls A 3m Final (Platform side)  
Boys B 3M Final (Trampoline side)  
Girls B Platform Final  
Women's 3M Synchro  
Men's Platform Final